



## www.thehopeclinic.org

# **FOOD + BASIC NEEDS**

## **PANTRY APPOINTMENTS**

Includes nonperishable food, as well as produce, dairy, meat, and bread as available. You must make an appointment in advance - eligible once a month

734-484-2989

Tues 12:30-2:30p Wed 4-6p

Fri 9:30-11:30a

Sat 10-11:30a

## **FARM STAND PRODUCE**

454 HARRIET ST.

Open Mon/Wed/Fri 4:00p – 6:00p You must sign up in advance eligible once a week 734-484-2989

# **WALK-UP GROCERIES**

AT THE FARM STAND 454 HARRIET ST.

Nonperishable, staple items only.

No appointment needed.

Mon 9:30a - 12p Thur 12:30-3p Sat 11am-12:30p

#### **GROCERY DELIVERY**

Can't pick up groceries? Please call **734.484.2989** to arrange a delivery

#### **HOT MEALS**

Mon/Tues/Thurs/Fri/Sat./Sun.
5:00p – 6:00p
Carry-out meals are available from
the Hope Dining Room entrance.
No appointment needed.

This institution is an equal opportunity provider.

## **DIAPER PANTRY**

Need help with diapers, baby wipes, formula or baby food?

Wednesday 4-6p

Thursday 11:30a-1:30p

No appointment needed.
Eligible once every 4wk.
Please bring your child's birth
certificate to first visit. Amounts
change based on availability.

#### **LAUNDRY**

Mon thru Fri, 8:30 am, 11:00 am, & 1:00 pm

To schedule a laundry appointment please call 734.961.3124 at 9a on Fridays.

# **DENTAL**

Appointments are scheduled Monday-Thursday 9am - 4pm. If you are interested in scheduling an appointment, call **734.480.9575**.

Now Taking New Patients
Dental Clinic closures are possible
when COVID cases are high.

# **DONATIONS**

Donations can be dropped off in the main lobby M-F 9:00a-4:00p.

Our preferred drop-off times are:

Tues—Thurs, 9:00am-4:00pm

Plan to fill out a tax receipt at drop-off.
This helps Hope maintain our high rating with nonprofit watchdog agencies.

\*Medical Clinic donations\*

MUST BE approved first.

Call 734 .481.0111, then press 7

to leave a message.

# BEHAVIORAL HEALTH + PRAYER

#### We can help you apply for:

Birth certificates, Supplemental Nutrition Assistance Program (SNAP), Medicaid, Washtenaw Health Plan (WHP)

We can also help you navigate health insurance options.

## Free Clinical Counseling Sessions

Available for the uninsured to talk through pain, sadness, or grief that occasionally feels unmanageable.

Appointments are required for all services. Call 734.484.2989. Appointments Monday-Friday You can also request prayer!

## **MEDICAL**

# Please call 734.481.0111 during our open hours:

Tues and Thurs 9:00a – 4:00p Wednesday 1:00p – 4:00p 2nd & 4th Saturdays of the month: 9:00am-Noon

Neurology and Sleep Clinics (Ypsilanti) on rotating 3rd Saturdays. Please call for information. We cannot take walk-ins at this time.



Free Vision Exam
Free Glaucoma Screening
Free or Low Cost Eyeglasses
734-436-1186