

Hope Clinic is putting together a team for the Big House Big Heart run to be held on Sunday, October 9 and you can be part of it. Runners (or walkers) can choose to participate in the 10K, 5K, or 1M race, which starts outside the University of Michigan Big House and ends on the 50 yard line, where you'll see yourself on the Jumbotron as you cross the finish line. Get friends and family to sponsor you and ALL the raised funds go to Hope Clinic.

As part of Team Hope, you will receive:

- Team Hope technical t-shirt with \$50 in donated pledges
- Training tips and support
- Pre-race snacks and fellowship at the Team Hope tent on race day
- Satisfaction from knowing the money you raised provided help for someone in need!

If you are interested, see your squad leader to sign up receive a pledge sheet and information about Hope Clinic to share with your supporters.\* You must register for the event online at [www.thebighousebigheart.com](http://www.thebighousebigheart.com). When registering, please designate that you are participating for Hope Clinic. Early registration for the race results in a lower registration cost.

As you gather pledges, please try to collect the pledge money right away and turn it in to your squad leader. Hope needs donations immediately as they are experiencing record numbers of requests for services while at the same time seeing a significant drop in corporate funding and grants. All pledged funds need to be turned in by 10/9.

Consider joining the team and invite any family or friends to join with you. Everyone is welcome to be part of Team Hope!

\*all forms are available on the Hope Clinic website [www.thehopeclinic.org](http://www.thehopeclinic.org)

